



Patient Instructions for H. pylori Breath Tek™

Your Doctor has requested that you be tested for H.pylori. This test requires a breath sample only. In order to provide the most accurate results to your doctor, we request that you follow these instructions.

Do not eat, drink or smoke one hour prior to the taking the test.

Do not take antibiotics for 2 weeks prior to the test.

Do not take Proton Pump Inhibitors such as; Prilosec®, Prevacid®, Aciphex®, Protonix®, and Nexium®
You may substitute Zantac®, Tagamet®, Pepsid®, Axid®.

Do not take Pepto-bismol®

Please let the person administering the test know if you are sensitive to aspartame. This drink does contain aspartame and is the same as the sweetener used in diet soft drinks.

You may be asked to come back to your physician office or visit one of our 25 Patient Service Centers located in Indiana to take the test. Visit our website at www.maclonline.com for a listing of all Patient Service Center locations.

Thank you for choosing MACL for your laboratory services. We truly appreciate your choice.

